Applied Behavior Analysis (ABA)

Resources

Wisconsin

In Home and Center Based Therapy:

- **Wisconsin Early Autism Project (WEAP)**
  - Address: 2125 Heights Drive Suite 2F
    Eau Claire, WI 54701
  - Phone: (715) 832-2233
  - Website: [https://www.wiautism.com/](https://www.wiautism.com/)
  - The Eau Claire clinic services families in the following counties: Barron, Buffalo, Chippewa, Clark, Dunn, Eau Claire, Lincoln, Marathon, Pepin, Pierce, Polk, Portage, St. Croix, Taylor, Trempealeau, and Wood.
  - Can provide an evaluation and diagnosis

- **Beyond Behavior, LLC**
  - Address: 901 Dominion Drive, Ste A,
Our approach is based on the principles of Applied Behavior Analysis (ABA). They utilize systematic teaching techniques along with positive reinforcement to teach the child the skills he/she is missing. We develop treatment plan goals utilizing a variety of established assessments. We focus on teaching communication, receptive and expressive language, play skills, and social skills.

Beyond Behavior utilizes a variety of different teaching techniques such as discrete trial training, natural environment teaching, behavior skills training, etc. and will utilize the method(s) that work best for the child.

We are skilled at assessing and working with children with challenging behaviors. We look at the occurrence of the child's challenging behaviors as a skill deficit, which leads us to teach appropriate replacement behaviors.

We believe in working with families and having them be involved in the implementation and development of their child’s treatment plan.

In-Home Therapy

- **Integrative Developmental Services (IDS)**
  - Address: 1477 South Knowles Ave, Suite 105
    New Richmond, WI 54017
  - Phone: 507-696-4804
  - Website: idsautism.com

  - Services begin with a comprehensive evaluation of the child’s developmental skills. Assessment tools may include, but are not limited to a thorough caregiver interview, review of all relevant evaluations, direct observation of the child, an adaptive rating scale, a criterion-referenced skills assessment (e.g., Verbal Behavior Milestones Assessment and Placement Program, PEAK Relational Skills Assessment), and a functional behavior assessment. The comprehensive assessment aims to assess all potential areas for growth and development with an emphasis on communication, social, behavioral and cognitive skills.

  - IDS provides comprehensive, evidence-based early intervention services for children up to six years of age who have not started full-day school. We provide 25-40 weekly hours of treatment with 1:1 support from a trained Behavior Technician, along with direct and ongoing supervision from a Licensed Clinician to ensure effective treatment. Treatment focuses on foundational skills in the areas of communication, social
engagement, play, core cognitive skill development, and daily living. Intervention may be provided across a variety of settings including the child’s home, one of our IDS centers, preschool and/or local daycare centers.

- Our School Aged Program (5-17) provides skill-based intervention for children who attend full-day school. Participants have the opportunity to practice skills in the areas of communication, social engagement, core cognitive skill development, and daily living. A trained Behavior Technician provides ongoing 1:1 instruction and are supervised by a Licensed Clinician to ensure consistent progress.

- IDS adheres to a positive behavior support model in which behaviors are shaped and changed through the use of carefully developed reinforcement procedures and interest based activities. The results of the comprehensive assessment are used to develop an individually tailored treatment plan that includes skill acquisition as well as behavior reduction when appropriate.

- Interventions are evidence-based and are derived from the science of Applied Behavior Analysis.

**Approaches may include:**

- Discrete Trial Instruction
- Picture Exchange Communication Training
- Functional Communication Training
- Augmentative Communication Training
- Natural Environment Instruction
- Direct Instruction
- Fluency Based Instruction

**Minnesota**

**Center Based Therapy:**

- **Fraser**
  - Address: 721 Commerce Drive
    Woodbury, Minnesota 55125
  - Phone: 651-424-4000
  - Website: [https://www.fraser.org/](https://www.fraser.org/)

  Fraser Applied Behavior Analysis (ABA) specifically works with children younger than seven years old and is individualized in order to meet the needs of each child and their family. Fraser ABA provides a combination of behavioral, individual and family skills training. Fraser ABA is five days a week for a maximum of 40 hours per week. Treatment goals are
developed by the treatment team and family in conjunction with formal assessments, direct observation and data collection.

- **Behavior Therapy Solutions**
  - Address: 700 Commerce, Suite 260
    Woodbury, MN 55125
  - Phone: 651-328-6280
  - [http://www.btsofmn.com](http://www.btsofmn.com)

- **Intensive Early Intervention Behavior Therapy Services (IEIBTS):**
  - This program provides comprehensive one-to-one treatment for young children who have been diagnosed with an Autism Spectrum Disorder. Intensive Early Intervention Behavior Therapy Services (IEIBTS) are strongly supported by research as being the most effective treatment currently available for children diagnosed with an autism spectrum disorder (ASD). Research strongly indicates that best outcomes are accomplished when a child’s program is intensive. Therefore, we require a commitment of at least 30 to 40 hours per week of therapy to help your child reach their fullest potential. The number of therapy hours recommended for each child is based on the results of a comprehensive assessment. Early programming typically focuses on the development of foundational skills, including the following: Establishing a broader range of reinforcing items and activities, responding to basic instructions, imitation skills, matching and sorting, communication skills (e.g. requesting, receptive labeling, expressive labeling), social interaction skills (e.g. responding name, eye contact, physical play), play skills, and reduction of restricted and repetitive behaviors.

- **Focused Intensive Intervention Behavior Therapy Services:**
  - Intensive behavior therapy services are provided to school-aged children on the autism spectrum. This service typically focuses on treating children who attend school on a ½ day basis. The level of service intensity will depend on the needs of the child and family. As with IEIBTS, services are provided in home, community, and school settings. Programming often focuses on further developing communication and socialization skills, as well as the reduction of repetitive or other problematic behaviors. The skills to be targeted depending on the need areas of the child. Therapeutic needs are identified through the assessment process.

- **Center for Autism & Related Disorders (CARD)**
  - Address: 6043 Hudson Rd #300f
Following the principles of applied behavior analysis (ABA), we developed a treatment approach for children with autism spectrum disorder that focuses on minimizing challenging behaviors and maximizing skill acquisition. Once new skills are mastered, we focus on generalization across natural environments (e.g., home, school, community). We endeavor to keep children in mainstream educational classrooms or transition them as soon as appropriate. If necessary, we also provide in-school support services, so children have the support they need to succeed in the classroom.

**Partners In Excellence**
- 2344 Helen Street North
  St. Paul, MN 55109
- Phone: (651) 773-5988
- http://www.partnersmn.com/
  - Services are delivered throughout the center to offer children a variety of environments to generalize their learning. Environments such as Intensive Table Teaching (ITT), Natural Environment Teaching (NET), small groups, gross motor, lunch room, etc. offer a multidisciplinary approach to helping children learn new skills.

**Online Resources**
- https://www.autismspeaks.org/
- https://www.nationalautismresources.com/
- https://www.asw4autism.org/
- https://www.ausm.org/
- https://mn.gov/autism/