

# 9th-11th Grade Summer School Classes

**Babysitting Basics:** Do you like kids? Do you like money? Combine the two and be a babysitter! The American Red Cross is the nation's leader in babysitting classes and child care training – and will prepare you to become one of the most capable, trusted and in-demand sitters in your neighborhood. In fact, 8 in 10 surveyed parents said they would pay more for a trained babysitter who holds Red Cross babysitting certifications. Start your babysitting business on the right foot and learn how to be a safe, professional and reliable sitter. With online and classroom options for all ages, The American Red Cross offers child care training that's not only convenient, but valuable to you and the families you care for. Fee: \$25

**Clay and Sculpture:** This art class will focus on the use of clay to create sculptures and basic clay forms. Several construction techniques will be used such as pinch, slab, coil and drape forms. The students will also glaze their art forms. Other sculpture mediums and techniques will be explored as time allows. Lab Fee: \$10 (Offered 1st Session only)

**Drawing, Design and Doodling:** The students will be working on the visual journaling process in their own sketchbooks, which will be provided. Each day the students will explore new ideas for their journal. Ideas will include drawing, painting, collage, mapping of ideas, illustrating and writing will be explored using a variety of techniques and mediums. Fee: \$10 (Offered 2nd Session only)

**Knitting Advanced and Advanced Plus:** This class is offered to the students who have taken my Knitting Basic class or Advanced Knitting last year. We will be working on knitting in the round and learning a new stitch, the purl stitch. We will be working on learning how to knit a hat. If you already took Advanced Knitting we will be working on more complex patterns. Please bring with you your knitting bag, binder and needles from the Knitting Basics class. Students will take home at the end of the weeks: knitting needles, projects made and left over yarn. Fee: \$10 (Offered 3rd Session only)

**Making the Mural:** The students will be participating in the creation of making a clay mosaic mural. The mural will be for the outside wall of the Klaas-Jonas pool. The students will be designing, making and glazing the clay tiles. They will learn the drying and firing processes of clay. This class can be used as service learning hours for high school graduation requirements for students in grades 9-11. (Offered 3rd Session only)

**Middle School and High School Wrestling: Grades 7-11.** Sharpen your technique over the summer! (Offered 3rd Session only)

**Physical Education: Hitting Skills:** This course is designed to teach athletes the hitting skills required to be the complete hitter. Each day players will take a bus up to Bob Young Field to use the batting cages. Throughout each session we will focus on helping each hitter improve their skills by using various technology, but also make sure we have fun. This program will teach each athlete what they need to know to be successful on the baseball field and in the batter's box while having a lot of fun in the process. (Offered 1st Session only)

**Swimming Lessons (Level 6):** Make sure and bring a swimsuit and towel every day. Fee: \$5

**Weight Training:** Students and student athletes in grades 6th-11th grade will learn proper weight lifting techniques, aerobic and anaerobic exercises, and muscle confusion and program differentiation. The weight room will also be available for any athletes who would like to come in during the day and work out between 6am -12pm.