



Spring is in the Air ☺

“ This institution is an Equal Opportunity Provider”



Fitness Tip: Find ways to increase physical activity. You could try to:

- Play a sport like basketball, softball, or soccer
- Walk, skate, or cycle more
- Do stretches, exercises, or pedal a stationary bike while watching TV



Monday

Tuesday

Wednesday

Thursday

Friday



NO SCHOOL

5

Quesadilla Pizza
Yogurt Cup
Veggies
Choice of Fruit
Craisins

6

We Serve a Variety of Milk Daily.



BBQ Rib on Bun
Bag of Chips
Fresh Veggies
Choice of Fruit

7

Hot Dog on Bun
Smile Potatoes
Steamed Veggies
Choice of Fruit
Cookie

1

NO SCHOOL

2

Mini Corn Dogs
Cheesy Potatoes
Fresh Veggies
Choice of Fruit
Treat

12

Cheeseburger on Bun
Bag of Chips
Fresh Veggies
Choice of Fruit

13

Pizza Hotdish
Steamed Veggies
Garden Salad
Choice of Fruit
Breadstixs

14

Pizza Pockets
Yogurt Cup
Bag of Chips
Veggies
Choice of Fruit

15

NO SCHOOL

16

Chicken Pattie on Bun
Mashed Potatoes
Steamed Corn
Choice of Fruit

19

Hot Ham & Cheese on Bun
French Fries
Veggies
Choice of Fruit

20

Tator Tot Hotdish
Steamed Peas & Carrot
Garden Salad
Choice of Fruit
Breadstixs

21

Taco Salad w/ Frito
Chips
Lett/Tomatoes/Cheese
Refried Beans
Steamed Corn
Choice of Fruit/ Treat

22

Cheesy Pizza
Rice w/ Cinn & Sugar
Fresh Veggies
Choice of Fruit

23

NO SCHOOL

26

Grilled Chicken Breas
on Bun
Tator Tots
Veggies
Choice of Fruit

27

Sloppy Joe on Bun
Bag of Chips
Fresh Veggies
Choice of Fruit

28

Cheesy Omelet
Sausage Links
Hashbrown Patties
Celery & Cucumbers
Choice of Fruit
Muffin

29

Pizza Crunchers
Yogurt Cup
Fresh Veggies
Choice of Fruit
Treat

30