### Menu is Always Subject to Change

**Variety of Milk Served Daily**

<table>
<thead>
<tr>
<th>Day</th>
<th>Meals</th>
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</table>
| **Monday** | Quesadilla Pizza w/ Yogurt Cup  
Smile Potatoes  
Steamed Veggies  
Choice of Fruit |
| **Tuesday** | Cheeseburger on Bun  
French Fries  
Steamed Veggies  
Choice of Fruit |
| **Wednesday** | Turkey & Gravy  
Mashed Potatoes  
Steamed Corn  
Choice of Fruit  
Dinner Rolls  
Brownies |
| **Thursday** | Sloppy Joe on Bun  
Tator Tots  
Baked Beans  
Steamed Veggies  
Choice of Fruit |
| **Friday** | Mozzarella Dippers w/ Marinara Sauce  
French Fries  
Steamed Carrots  
Choice of Fruit  
Treat |

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**Fitness Tip:** MyPlate recommends:
- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

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*This institution is an Equal Opportunity Provider*

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Sunshine is upon us ~ get out and enjoy and do something kind for someone else, you’ll make their day and you’ll feel better about yourself.