August 2017

Ellsworth Community Schools

LUNCH

Welcome to the 2017-'18 School Year

This Institution is an Equal Opportunity Provider

Nutrition Tip: Eat more protein based foods. It is an essential nutrient that helps build many parts of the body, including muscle, bone, skin, and blood. You can find protein in many vegetables.

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is Subject to Change	1	2	3	4
7	8	9	Pierce County Fair Starts>>>>>>>>>>>>> 10	11
14	15	16	17	18
Staff In-Service 21	22	23	Picnic Meal Hot Dog on Bun Bag of Chips Fresh Fruit Fresh Veggies Granola Bar 24	Mozzarella Dippers w/ Marinara Sauce Lettuce Salad Steamed Broccoli Choice of Fruit Ice Cream Treat 25
Chicken Nuggets Mashed Potatoes Veggies & Dip Choice of Fruit 28	Cheeseburger on Bun French Fries Steamed Carrots Choice of Fruit 29	Italian Dunkers w/ Marinara Sauce Tator Tots Steamed Green Beans Choice of Fruit Cookies 30	Taco Salad w/ Frito Chips Lettuce/ Tomatoes/ Cheese Refried Beans Steamed Corn Choice of Fruit Fruit Icee 31	Variety of Milk Served Daily